

BREKKIE NEEDS TO POWER YOUR DAY. LUKE HAS GOT YOU COVERED. ENJOY.

QUICK BITES

GRILLED SOURDOUGH GLUTEN-FREE BREAD (V, GFO)

Choice of Luke's Kitchen raspberry jam, honey, peanut butter or Vegemite \$10.5

FRESHLY BAKED CROISSANT (v)

Choice of Luke's Kitchen raspberry jam, honey, peanut butter or vegemite \$10 Ham, cheese and tomato \$17

CHOPPED FRUIT BOWL

Cashew granola, coconut yoghurt \$22

BREAKFAST SALAD

Buffalo mozzarella, hard-boiled egg, avocado, roast sweet potato, cherry tomato, grape, pomegranate & vincotto dressing \$24

MAPLE SPICED GRANOLA (v)

Poached peaches, fig, fresh berries, coconut yoghurt \$23

BACON AND EGGS

Fried eggs, hash brown, grilled sourdough \$21

SMASHED AVOCADO (v)

Miche bread, tomato, feta, radish & watercress \$24 ADD poached egg +4.5

TWO SOFT BOILED ORGANIC EGGS

Grilled zucchini, truffled salt, and buttered sourdough soldiers \$24

CONTINENTAL BREAKFAST TABLE \$30

Includes two beverage

MAKE YOUR WAY

EGGS YOUR WAY \$9

Fried, Poached, Scrambled

Grilled bacon \$10

Chorizo sausage \$9

Roast tomatoes \$8

Hash browns \$7

Mushrooms \$10

Smashed avocado \$9

Smoked Salmon \$14

A LA CARTE

CRUMPETS WITH POACHED STRAWBERRIES

Vanilla crème fraiche & honey \$22

TOASTED BANANA BREAD

Spiced plums, almonds & natural yoghurt \$24

OMELETTE OF SPANNER CRAB

Fine herbs, tomatoes, watercress \$32

CHEESY TRUFFLE TOASTIE

Zucchini pickle, mixed leaf salad \$22 ADD fried egg +4.5

ZUCCHINI FRITTER

Seared haloumi, smoked salmon, tomato relish \$24

EGGS BENEDICT

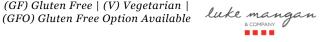
Double smoked ham or smoked salmon, chilli kale, hollandaise, English muffin \$26

BREAKFAST BURGER

Sausage patty, bacon, fried egg, cheese, onion jam \$22

BIG BREAKFAST (GFO)

Fried eggs, bacon, chorizo, hash brown, mushroom, roast tomato, smashed avocado, grilled sour dough \$36





MOTHERSKY COFFEE

Coffee \$5.50

Oat, Almond, Soy, Lactose Free \$0.50

MotherSky Coffee is all about honouring daily rituals and old tradition and inspired by modern taste - We can't think of a better way to start our day!

T TOTALER TEA

Pot of Tea \$5.50

English Breakfast French Earl Grey Peppermint Oolong

Lemon Ginger Chamomile Blend Sencha

T Totaler Tea is specially blended to provide a balance between taste, smell and nutrition. Each combination is 100% locally sourced and designed to your needs.

LUKE'S KITCHEN JUICES | \$9

Luke's Daily Detox

Vitamin C, Apple Cider Vinegar, Orange, Ginger Turmeric

Luke's Glow

Bamboo Silica, Vitamin C, Aloe Vera, Pomegranate, Lemon

Luke's Ginger+

Ginger, Lemon, Cayenne Pepper, Vitamin C

Give your digestive system a much-needed break and allow your body to detox, heal, restore, and rejuvenate with our Luke's Kitchen health shots.

Hydrate your body with 100% raw nutrients, minerals, and probiotics to bring your physical and mental being back to its natural state.

JUICES | \$7

Pineapple Orange Cloudy Apple

